



FROM E TO YOU

Toastmasters District 72, Division E Newsletter

Issue 1

July 2010

Welcome to Division E for 2010/11

Division E Toastmasters – Who are we in 2010/11

AREA	E1	E2	E3	E4	E5
Clubs	Capital Wellington Public Service The Gourmet Te Aro Advanced Wgtn	Business Breakfast Capital Chatterers Capital Breakfast Harbourside	Hutt Valley Hutt City Petone Gracefield Wainuiomata	Karori Johnsonville Ohariu Ngaio Newlands	Kapi-Mana@Tawa Coastmasters Spinnaker Waikanae Porirua Central
Area Gov	Jack Snow	Hirata Harris	Tania Sales	Mark Garnham	Kath Cherrie

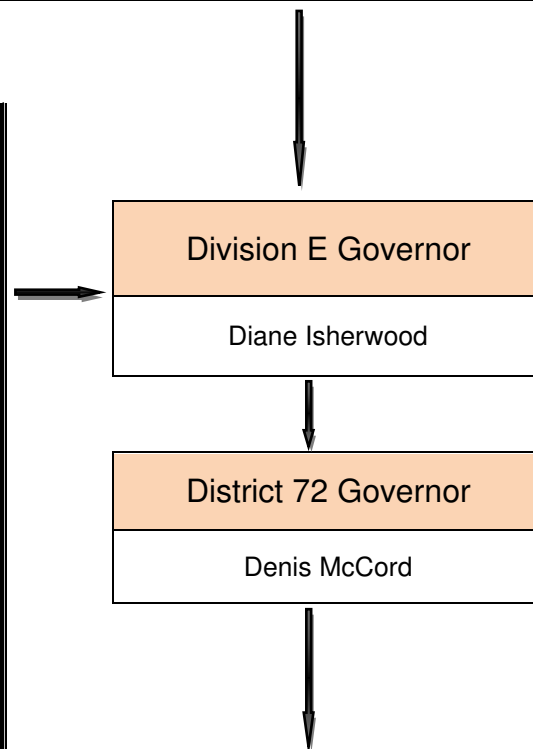
AREA	E6	E7	E8	E9
Clubs	Five Crowns Taxing TM Up Top Willis Quarter DIALOGUE Statistics NZ	Peninsula Presenters Turbine Talkers Cook Strait Mount Victoria Island Bay Wellington Professional	Upper Hutt Masterton WOW	SKM High Noon Bankers Victoria University ANZ National Postmasters
Area Gov	Stacey Dravitzki	Sarah Bate	Keith Morris	Manuj Saxena

Div E TLI Co-ordinators (Toastmasters Leadership Institute)
Judy Love Michelle Sellby

Division E PRO (Public Relations Officer)
Steve Preston

Division E Treasurer
Sarah Bate

Club Coach Co-ordinator
Francis Chandrahasen



TOASTMASTERS
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In this Issue:

- Who are we
- District Training
- Team Profiles
- Club Leadership Training
- Upcoming Events

District Training



Division E had a full team at District Training in Auckland recently.

The training gave the incoming District Officers a great insight into all aspects and responsibilities of their upcoming year.

It also gave them the opportunity to network with Toastmasters from other Divisions.

We had an entertaining Saturday night with each of the Divisions presenting a skit.

Ask any of the Area Governors about toothbrushes?

Diane Isherwood DTM

Division E Governor



*“The greater our involvement the more we learn.
Little of what we passively listen to is remembered.”*

I have been a member of Toastmasters for 6 years. In that time I have benefited greatly from the Toastmasters programme, both personally and professionally. I am a Financial Accountant with Ministry of Health and run a small accounting practice from home.

I initially joined toastmasters from the communication skills that would benefit my career, never considering the Leadership path. However, I find that I really enjoy the Leadership as it has helped me develop as a person.

Over the last 6 years, I have held most positions at club level, leading one club to Presidents Distinguished in my year as President. The next year achieving Presidents Distinguished Area Governor with all clubs within the area achieving at least 9 goals.

I have served one year as District Treasurer and have been on the organizing committee for the last two District Conventions held in Wellington. I have been a Club Sponsor, a Club Coach as well as assisting in numerous Speechcraft Courses over the last 4 years.

I have recently achieved my 2nd DTM award and firmly believe that the Leadership programme within Toastmasters is just as valuable as the Communication programme.

I believe that with good teamwork, there is no goal that cannot be achieved within Division E this year.



Jack Snow
CC, CL

Area E1 Governor

I was a founder member of Public Service Toastmasters in 1986 and obtained their first CTM. I was within 1 speech of an ATM when I went to Fiji in 1989. I was close to chartering a club in Nadi when I

left Fiji and returned to New Zealand for a few months before departing to take up a series of contracts with the Civil Aviation regulators in Malaysia, Mongolia, Tonga, the Maldives and Kiribati.

I returned to the New Zealand in 2008, rejoined PSTM and started all over again. I have now gained a CL and CC and hope to gain the ALB and ACB this year.

Last year I was Club President and this year, when I was not looking, our previous Area Governor nominated me for this year's Area Governor slot. I'm swimming in deep and turbulent water but so far I have been able to come to the surface and gasp enough air to keep going. I hope that by the end of the year I'll have caught up with the job.



Hirata Harris
ACS, ALB

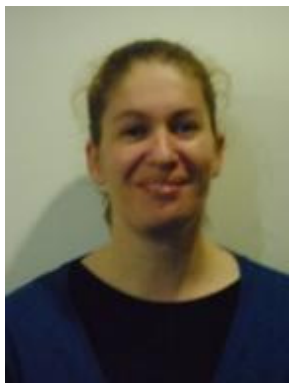
Area E2 Governor

I have been a Toastmaster for 5 years now and am based at the Business Breakfast Club in Wellington Central City. I'm currently working towards my Advanced Communicator

Gold and Advanced Leader Silver Awards.

My main reason for joining Toastmasters was to develop some skills necessary to become a more proficient and confident communicator and leader. Five years on I can honestly say that I have learnt and gained a lot of new skills but acknowledge that I still have a lot to learn. I am looking forward to the opportunity of serving my Area, E2, as Area Governor in 2010/11.

When not working full-time as a Senior Marketing and Communications Advisor for a leading government agency, my family and I enjoy escaping from home renovations, to surf, fish, camp, or chill out on the rugged Wairarapa coast or Far North.



Tania Sales
ACB, ALB

Area E3 Governor

Hi, I am Tania Sales Area Governor for E3 which is the Hutt Valley area. I have been in Toastmasters since Nov 2007. I am a charter member of Wainuiomata club.

I joined Toastmaster to gain confidence in presenting in front of groups of people. I am really enjoying my Toastmaster experience and I want more people to benefit from the both the leadership and communication programs. This year my aim is to take E3 to President Distinguished Area and ensure that my clubs are well supported from me in this come year. I'm currently starting a new club in my area – Sunday Afternoon Club which is a fortnightly club.

Outside Toastmasters I am married with 3 boys (15, 9 and 4) and live in Alicetown. I am working in Wellington as an Assistant Accountant. I am also completing my study towards becoming a Chartered Accountant. I love sport whether this is watching, playing or supporting.

I look forward to the challenge of being Area Governor this year and working with the clubs in the Hutt Valley area.



Mark Garnham
ATM-B, ALB

Area E4 Governor

Hi, I have been a Toastmaster for nearly 10 years and currently working on completing the ACG and ALS awards. I have found the toastmasters program to be a

fantastic resource which delivers exceptional results, and have personally been rewarded in many ways from pursuing the Toastmaster's mission. I have a vision to "spread the word" and assist many more people to experience the benefits offered by joining one of our clubs, and to strengthen our E4 club base. I believe the key to growing our membership is to ensure that we have a consistent and well articulated message that bestows the virtues of communication and leadership training at a very affordable price. Wellington is a city with many corporate head offices and Government departments which can benefit from a workforce infused with Toastmaster skills. We can all benefit from encouraging employers and community leaders to promote Toastmasters within their ranks, and we can do this by focusing on being more visible and better understood. People are searching for "value for money" options in their lives today, & we all know Toastmasters delivers on the value for money front – it's just a matter of accurately informing those who are looking.

*"You can't help everyone everywhere,
but you can help someone somewhere" ... Anon*



**Kath Cherrie
ACB, ALB**

Area E5 Governor

I have been a member of Spinnaker Toastmasters Club since June 2005. I am also a member of Advanced Wellington. I have held the roles of VP Membership and Education, and President for

Spinnaker. I found these roles a great way to learn more about the organization I joined. This is partly why I have taken on the role of Area Governor – to learn more about Toastmasters.

My goals as Area Governor are to support the clubs in E5 to achieve in the Distinguished Club Programme, as this means the members are achieving their personal goals. I would also like to encourage more interaction between the clubs so they can support each other.

My personal Toastmasters goals are to complete my ACS – I have been stuck on a manual for some time now and need to get this finished. I would also like to complete a CC and CL manual as I carry out my area governor duties this year. Outside Toastmasters, I am a proud mother and grandmother. One daughter gets married later this year. And this also means our son and his family will be coming “home” from England for two weeks. So early November is going to be an exciting time for our family.



**Stacey Dravitski
ACB, ALB**

Area E6 Governor

I am Stacey Dravitzki, ACB, ALB, PhD, the incoming E6 Area Governor.

I am a ring in to E6 having started Toastmasters in 2006 at Victoria University Toastmasters (in E9), and my home club is now Turbine Talkers (in E7). I am the sort of person who jumps in headfirst and was elected the Victoria University Toastmasters’ President at the 4th meeting I ever attended.

I have taken on the Area Governor role as a step towards earning my ALS.

I am really looking forward to my venture into the corporate world and meeting everyone in E6.

*“What the mind of man can conceive
and believe it can achieve”*

Napolean Hill



**Sarah Bate
DTM**

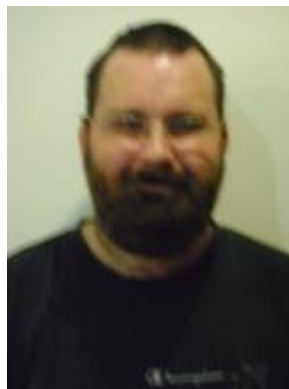
Area E7 Governor

In 2003 I enrolled on a Speechcraft course which was being run by the Twin Towers Toastmasters Club in central Auckland. I can't say that I actively enjoyed the process – in fact I was absolutely terrified most

of the time – but I really gained a lot of skills & confidence. I had a job that involved presenting technical accounting material to large groups of clients and accounting staff.... so I persevered and joined the club.

Well, a lot of speeches have been written and presented since then, both in a work and a club context. In January 2009 I received my DTM, and was the proud recipient of the New Zealand Toastmaster of the Year Award for the 2008-2009 year.

Currently I belong to three clubs, Mt Victoria, Wellington Professional & Business Breakfast. Starting on 1 July 2010, I am very pleased to be the Area Governor for Area E7, and look forward a busy and fun year with the Division E Team.



**Keith Morris
ACB, CL**

Area E9 Governor

Keith joined Upper Hutt Toastmasters in March 2003. Since May 2006 he has held various positions on the club committee including Treasurer, VP Membership, VP Education & President.

This year Keith has taken on the role of Area Governor to support & work with the group of clubs in Area E8. Area E8 covers Upper Hutt and the Wairarapa. Keith aims to also learn new leadership skills as part of the role.

Outside of Toastmasters Keith is married and has a 2 year old daughter. He works in the IT industry as both a desktop administrator and an analyst programmer. Also Keith is involved in church activities such as helping on the sound desk.

Keith looks forward to the challenges and events in the year ahead.



**Manuj Saxena
CC,CL**

Area E9 Governor

I first visited SKM Toastmasters Club, Wellington CBD in September 2008 and have been a part of this club ever since. I have served in the Executive Committee of SKM Toastmasters as Club

President & VP Membership. As Club President 2009-10, I led my club to achieve President Distinguished status. On a personal front, I achieved my Competent Leadership & Competent Communicator awards in June this year.

As incoming Area E9 Governor, I look forward to working with the clubs within my area and help the club achieve their goals. I will make sure that my clubs get all the support and guidance they need from me to achieve their goals. My personal goal, as Area Governor, is to steer Area E9 towards achieving a President Distinguished Status.

Outside Toastmasters, I am an Electrical Engineer by profession and my job is to keep the lights on in the country! I am an avid follower of sports, politics and international affairs. I also enjoy playing cricket, pool and badminton at social level.

“When people talk, listen completely. Most people never listen.” ... Ernest Hemmingway



**Steve Preston
ACG, ALB**

Public Relations

Joining Toastmasters in July 2007, I jumped into things with both feet and joined 2 fortnightly clubs. I was quickly snapped onto the club executive teams at Twin

Towers and Twilight Talkers in Auckland. By the following June I'd been persuaded to become President at Twin Towers (where we won the trophy for the first club in NZ to achieve Presidents Distinguished Club), and Mentor for AUT Students (newly chartered). During that year I also got hooked on running speechcraft courses, something I have continued to enjoy since moving to Wellington with my partner, Sarah Bate (who I met through Toastmasters), a year ago.

Immediately on arrival here I stepped into the role of E7 Area Governor and we achieved Presidents Distinguished Area status, chartering Wellington Professional Toastmasters Club where I am currently President. I am also a proud member of Mount Victoria Toastmasters and Business Breakfast Clubs. In the year ahead I look forward to fulfilling the role of Public Relations Officer (PRO) for Division E and, on a more personal level, completing my first DTM soon.

Outside of Toastmasters my interests include repertory, the Greens, indoor bowls, writing, current affairs, sports, reading, tramping, music and travel...



**Judy Love
DTM**

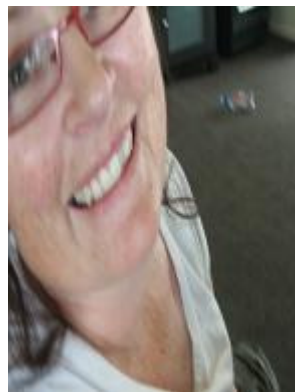
TLI

Judy has been a toastmaster since 1997, starting off at High Noon Bankers. During this time she has been Area Governor for E7, Division E Governor, Convenor for two District Conventions and

Division E Toastmaster of the year. Judy attained DTM in 2007. Currently she belongs to three clubs: Peninsula Presenters, The Gourmet and Advanced Wellington. Judy is passionate about Toastmasters and what you can get out of it, from both the communication and leadership tracks.

Judy has two teenage daughters that she has not yet persuaded to join Toastmasters but has encouraged their speaking ventures.

Judy has taken on the TLI role to enhance her own skills while sharing her knowledge and to ensure that training in Division E is fun for all participants.



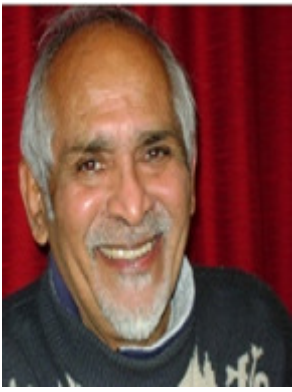
**Michelle Selby
DTM**

TLI

Hello – Kia Ora I’m Michelle Selby – Division E TLI Officer.

I first joined Glenfield Toastmasters many years ago mainly to gain confidence in public speaking. However, it has been the leadership track which has given me a lot of opportunities and growth. Also, I’ve been alongside some very enthusiastic and motivated Toastmasters who have given me the opportunity in helping set up two lunchtime clubs. I’ve held various committee roles & been Area Governor. I absolutely enjoy seeing the growth in people as they join Toastmasters and as they take on committee roles.

On a personal note I live on the Kapiti Coast with Jeff and have two sons Matt and Ryan. I am studying towards my degree in early childhood education plus I am a member of Kapiti Parents Centre. I look forward to meeting you over the next year.



**Francis Chandrahasen
DTM**

Club Coach Co-ordinator

Francis Chandrahasen is a valued member of Hutt Valley and Wainuiomata Toastmasters Clubs. Francis achieved his Distinguished Toastmaster Award in March 2009

and was presented with his plaque at the May Convention in Christchurch by the International President Jana Barnhill.

Francis joined toastmasters in 2001 and has held just about all the club officer roles, being Club President twice in 2004/05 and 2008/09. He also held the position of Area Governor in Hutt Valley region in 2004/05 and 2005/06.

Over the years in toastmasters Francis has involved himself in helping at Speechcraft sessions, mentoring & coaching clubs. He takes great pleasure in seeing the progress new members make on their toastmasters journey.

Upcoming Events

Club Leadership Training – July (see below)

Club, Area and Division Table Topics and Humorous Speech Contests – July to October

Club Coaching Clinic – 21st August

Division E Conference – 9th October

District Convention – 19th to 21st November (New Plymouth)

“Think positively and masterfully, with confidence and faith, and life becomes more secure, more fraught with action, richer in experience and achievement.”

Eddie Rickenbacker

Club Leadership Training

The dates for Club Leadership Training have now been set. Could you please ensure that the details are of CLT are passed onto your Club Officers and Club Members

- **Tuesday 13th July** - St Johns, cnr Dixon St and Willis Street, Wellington; 5.45pm (for a 6pm start) to 9.30pm
- **Saturday 17th July** - Petone Baptist Church, Buick St, Petone; 8:45am (for a 9am start) to 12.30pm
- **Wednesday 21st July** - St Johns, cnr Dixon St and Willis Street, Wellington; 5.45pm (for a 6pm start) to 9.30pm
- **Saturday 24th July** - St Barnabas, Mana Esplanade, Mana; 8:45am (for a 9am start) to 12.30pm
- **Wairarapa** – Sunday 18th July, 1:30pm to 4:30pm (after the WOW meeting) at Cobblestones, Greytown.

All club members are welcome

Even if you've "heard it all before" - come along and help us train those who haven't. Toastmasters is changing - you might even learn something yourself! Take the opportunity to meet and network with other Toastmasters.

Please encourage your Club officers to attend. Here are some reasons to attend Club Leadership training:

1. Help your club earn a point in the Distinguished Club Program (DCP). Don't think of it as a duty, but as an opportunity for you and your fellow officers to have direct impact on your club's success for the year.
2. Get direct access to your district leaders and the important information they have to share.
3. Share your own ideas and experiences with other officers.
4. Achieve your goals by networking with members from other clubs.
5. Build on the personal relationships you formed at the last training.
6. Expand your network by meeting new club officers.

Club Coaching Clinic

Do you want to coach a struggling Club?

Do you want to find out what is involved in being a Club Coach?

Do you need to sponsor, mentor or coach a Club for your Advanced Silver Award?

Come along and find out what is involved

Division E will be running a Club Coaching workshop

Saturday 21st August
9:00am – 12:00pm

Contests

Table Topics and Humorous Speech

Entering contests is the quickest way to improve your skills. You can learn more from competing in contests than in any other aspect of Toastmasters.

***Give it a go.
Enter your Club Contests.***

Club Contests

to be held by the end of August

Area Contests

to be held in September

Division Contests – 9th October

Table Topics Techniques

1. **Describe the facts** – when describing an event, one of the easiest responses is to give the basic facts - who, what, when, where, how and why. Eg, given the question "Describe your most memorable sporting event...", you could respond with what (rugby world cup), when (two years ago), where (a party at my best friend's house), how (projected onto a wall) & why (the atmosphere was electric and you picked the winning score in the sweepstake). By the time you fully described all those parts, you've given a concise 1-2 minute response.
2. **Divide and Conquer** – Organization is important because prevents communication from turning into word soup. Clear divisions are essential to an orderly arrangement. Some of the classic two or three way divisions are: treating the topic from a past-present-future perspective... Eg, if the topic was "Nuclear weapons should be banned" you could talk about traditional warfare, where the world is today, and what you believe the outcome will be in the future; that was then, this is now; low, medium, high; cost, benefit; financial cost, social cost; civil law, moral law; problem, solution; thesis, antithesis; thesis, antithesis, synthesis; us, them; ideal, real; what we want, what we can get; mind, body. The list can go on forever. So, pick a division as quickly as possible and stick to that one.
3. **Personalise the subject** – relate the topic to yourself or your own family and personal experiences. There is no easier subject to talk about than yourself. Eg, "Why Winston Peters should be Prime Minister"... Prime Minister, yes; but Winston Peters, no... Here is why I think I would make a great NZ Prime Minister!... Or be emotional - spend the whole topic describing your emotions and feelings towards a subject whether it be world poverty, racism, sexism, or the state of rugby in New Zealand.
4. **Divert attention** – Twist the subject to one with which you feel more familiar - take a key word from the topic and build your speech around it. This is the quintessential politician's response. Take, for example, a very controversial subject: "What is your stance on abortion?" Divert attention to a related question. "My personal views are not as relevant as why this is a divisive issue." Then talk about the related question. Sometimes, you may want to avoid the topic entirely. You could respond, "Your question is very important, however, today I am much more interested in education." or, "A very good question which reminds me of..." One thing to remember though, ensure you conclude by linking back in some way to the original topic.
5. **Fabricate** – What happens when you have no experience at all with the subject of the question? You have permission to make it up - your Table Topic does not need to be non-fiction. Use it as an opportunity to stretch your imagination. If you are given the question, "What is the biggest fish you have caught?" and you have never been fishing, you could just make up a fishing trip. Or notify your audience that you are letting your imagination run wild, "I've never caught a fish, but I imagine that..." Be descriptive and detailed. While this is not at all recommended in a real life situation, it helps you develop your critical thinking skills and practice your speaking skills in the environment of a table topics practice session.

This newsletter is for all Division E Toastmasters. If you have anything to contribute for the next newsletter, please send it to me by 31st July to:

diane@paradise.net.nz

Diane Isherwood, Division E Governor