

Please send your completed
registration form to:

Susan Dugdale
86A Volga Street
Island Bay

For more information about Toastmasters NZ please visit:
www.toastmasters.org.nz



Island Bay Toastmasters

Club 9728, Area 7, Division E, District 72. Wellington, New Zealand.
www.ibtm.wellington.net.nz



Speaking with Confidence



Words can inspire,
thoughts can provoke,
but only actions bring you closer to your dreams

Ask yourself . . .

Where would you be if you had more self-confidence?

What would happen if you were never again at a loss for the right words at the right time?

Imagine what it would feel like to have the skills to communicate effectively.

You could:

1. Easily mix and mingle at social gatherings
2. Lead discussions
3. Run a meeting
4. Give a speech at a family gathering
5. Sell a product or an idea
6. Give a presentation at work
7. Present yourself well in an interview
8. Motivate people

That's what a Speech Craft Course can give you.

24 Feb – 14 Apr 2010 (8 weeks)

Every Wednesday from 7.00 pm to 8:30 pm

Island Bay Community Centre

137 The Parade

Island Bay

Cost: \$120.00 per person

(includes membership manual & professionally produced course material)

About the course

In 8 weeks (1 session per week) you will discover and develop confident public speaking skills.

Topics covered in the 8 Speech Craft sessions are:

- How to make an impromptu speech
- How to take the fear out of public speaking
- How to prepare and practice a speech
- How to structure a speech
- How to choose a speech topic
- How to tailor your speech for the audience you're speaking to
- How to use body language effectively
- How to deliver your speech well
- How to use your voice effectively

By the end of the course you will have:

- Learned how to structure a successful speech
- Prepared and delivered three speeches
- Experienced the thrill of 'speaking off the cuff'
- Learned how to evaluate a speech well
- Gained the skills to chair a meeting
- Developed a whole lot more confidence

Who runs this Speech Craft course?

Your Speech Craft Course has been prepared by experienced local Toastmasters. Their goal is to build your public speaking skills and confidence. Toastmasters is the world's largest organisation devoted to teaching and sharing success through communication and leadership development.

What do I need before taking the course?

- A desire to improve your confidence and public speaking skills
- A good working knowledge of the English language
- \$120

How do I register?

Complete the registration form or for further information call or email one of the following:

[Elaine Gilfeather](#)

phone 021 1057084 or email: elaine.gilfeather@dol.govt.nz

[Susan Dugdale](#)

phone 9340099 or email: susandugdale@clear.net.nz

Registration Form

Name:

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Contact details

Phone:

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Email:

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Address:

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What I would like most to get out of this course:

- 1.
- 2.
- 3.

Payment can be made by cheque (made out to Island Bay Toastmasters and posted to Susan Dugdale, 86A Volga St, Island Bay)

Or

Directly into the Island Bay Toastmasters bank account:
06-0577-0116673-00 (provide your name as a reference and email confirmation to susan.dugdale@clear.net.nz)



Registrations close 19th February. After this date, please call Susan (04) 934-0099 or Elaine 021 1057084 to confirm if places are still available