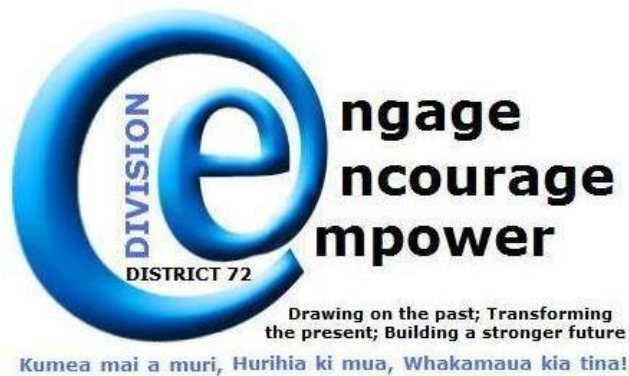




## Toastmaster District 72, Division E Newsletter, July 2011



*Nau mai haere mai koutou katoa ki te kau-papa o tenei tau hou mo rua mano tekau ma tahi.*

**Welcome** all readers to a new Toastmaster year - 2011! The "E To You" newsletter serves as another primary source of invaluable information that aims to **engage, encourage** and **empower YOU** to be the best Toastmaster you can be.

Whether you're thinking about joining Toastmasters, or you have been a Toastmaster for a while, we hope you will find maximum benefit from learning about what is going on in the greater Wellington region within these newsletters. Drawing on past issues, we would like to enhance your reading experience by finding out exactly what you would like to read about or learn, so be sure to check out page 8 and give us your feedback! The lucky 20<sup>th</sup> person who sends us their feedback will be awarded a mystery prize and thanked in the next Issue!

Each issue will feature several similarities that are typical of a Toastmaster meeting. Check what's in this latest issue below.

### In this issue:

- A word from our Division Governor (Chair) 1
- An Agenda consisting of:
  - Your Division Council for 2011/12 (Speech) 2
  - Contests (Educational) 6
  - What's News (Listening Post) 7
- General Business:
  - Dates at a Glance 1
  - Let us know what you think 8

### A Word from our Division Governor

Welcome to the 2011-12 Toastmasters year.

This year I am privileged to have been elected to lead the best Toastmasters Division in New Zealand, Division E. I am looking forward to not only meeting you all at club, area and division level events throughout the year, but also at your local club meeting at some point. My focus for this year is to provide a strong platform to engage, encourage and empower every member of our Toastmasters community and build a stronger future for Toastmasters in the greater Wellington region.

Sarah Bate, DTM, Div E Governor

### Club Leadership Training

Congratulations to all the Clubs for whom their Executive Team took the opportunity to find out the latest news and discuss the best options for planning success at their clubs through the recent series of Club Leadership Training workshops held throughout Division E in July...

- E1 – Capital Club, Public Service, The Gourmet
- E2 – Business Breakfast, Capital Breakfast, Capital Chatters
- E3 – Hutt Valley, Petone, Sunday Afternoon, Wainuiomata
- E4 – Johnsonville, Karori, Newlands, Ngaio, Ohariu
- E5 – Coastmasters, KapiMana@Tawa, Porirua, Spinnaker, Toastmasters of Waikanae
- E6 – DIAlogue, Postmasters, Statistics NZ, Taxing, Toast Health
- E7 – Cook Strait, Island Bay, Mt Victoria, Peninsula Presenters, Turbine Talkers
- E8 – Hutt City, Upper Hutt, WoW
- E9 – Five Crowns, High Noon Bankers, Victoria University
- E10 – Advanced Wellington, ANZ National Wellington, Te Aro, Wellington Professional

Special congratulations to Mt Victoria and Wainuiomata Toastmasters Clubs who both managed to get their whole executive team along to the training. **Well done!!**

### 2011 Dates at a Glance

- Sat 13 Aug, Easy-Speak Workshop, Band Rotunda, Oriental Pde
- Sat 20 Aug, Membership Clinic, Band Rotunda, Oriental Pde
- Sat 20 Aug, Judging Workshop, Band Rotunda, Oriental Pde
- Sat 27 Aug, Judging Workshop, Upper Hutt, venue TBA
- Sat 4 & Sun 5 Sept, District Officer Training, Papatoetoe
- Sat 17 Sept, e-Clinic, Petone Baptist Church, Petone
- Sat 8 Oct, Division E Conference, Petone Baptist Church, Petone
- Fri 4 to Sun 6 Nov, District Convention, Baycourt, Tauranga
- Sat 19 Nov, Leadership Workshop, venue TBA
- Tue 6 Dec, Club Leadership Training, St Johns in the City
- Sat 10 Dec, Club Leadership Training, Petone Baptist, Petone

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**Toastmaster District 72, Division E Newsletter, July 2011**

**Introducing your Division Council for 2011/12**



**Sarah Bate**  
Division E Governor,  
and Division E Treasurer

I attended a speechcraft course run by the Twin Towers Toastmasters Club in Auckland in 2003, with the encouragement of my then Manager. I was sure I would not enjoy the experience!

However it wasn't so bad and I joined the club. In fact, it grew on me and here I am 8 years later, with several committee roles and two terms as an Area Governor to my name, embarking on a year as Division E Governor.

I have just completed my second DTM and will be looking forward to helping the team and the Division members to complete their goals.

Currently I belong to Wellington Professional Toastmasters, Island Bay Toastmasters and Business Breakfast Toastmasters. I hope to set up a new club for advanced speakers this year.

I hope you will all enjoy the year ahead and be encouraged, engaged and empowered.



**Hirata Harris**  
Division E Public Relations Officer

I joined Toastmasters in 2005 with the sole purpose of improving my communication skills and because it was also a 'bucket list' wish. Little did I know that it would provide me with so many opportunities both in my work and personal life.

I recently led Area E2 as their Area Governor in 2010-2011 where the Area gained Select Distinguished status. I currently hold an Advanced Communicator Silver and Advanced Leadership Bronze Award and am really looking forward to achieving my Distinguished Toastmaster Award soon.

But that aside, along with mentoring a newly formed corporate club (Toast Health), juggling family, work, and social commitments, I am really looking forward to being part of a newly formed team dedicated to attracting and retaining members to an international programme that offers something for everyone!



**Michelle Gerwitz**  
Division E TLI Officer,  
and Division E Secretary

I joined Toastmasters in Auckland 2001. Moving to the UK in 2002, I belonged several clubs over there before moving back to NZ.

On my return I came to Wellington, where I attended The Gourmet and SKM (now Terrace @ 12) Toastmasters Clubs. I am currently President of Turbine Talkers and VPM at Cook Strait Toastmasters.

Even after 10 years as a Toastmaster I still enjoy it and love that I learn something at every meeting. I have been an Area Governor twice and have taken up a new challenge, Division E TLI, for the 2011-2012 year. I am looking forward to the experience of being a TLI Officer and am really excited about serving the Division through this role.



**Michelle Selby**  
Division E TLI Officer

I'm Michelle Selby, one of the TLI Officers for this Toastmasters year. I live on the sunny and warm Kāpiti Coast with my partner Jeff and have two sons, Matt who is 16 and Ryan who is 5.

I am currently studying towards a Bachelor of Education degree in early childhood, plus I have recently taken on the role of president for the Kāpiti Coast Parents Centre. On a Toastmasters note, I am a member of the Sunday Afternoon Toastmasters club. I first joined Glenfield Toastmasters in 1994 in desperate need of developing confidence in speaking, and soon got hooked into the leadership track as well. I have spent quite a few years out of Toastmasters and soon realised the amazing benefits I was missing out on. I have covered all club leadership roles and Area Governor and have been sponsor/mentor in the setup of two lunchtime clubs – One Hour, Glenfield and Toastmasters@Lunchtime in Whangarei.

**What are TLI Officers?**  
TLI stands for the "Toastmasters Leadership Institute", and the TLI Officers are responsible for coordinating training for club officers to help them understand and carry out their roles effectively. They work with the Division Governor to put together and deliver workshops, clinics and programmes which meet the development needs of the leadership team in your club.



## Toastmaster District 72, Division E Newsletter, July 2011



**Mike Norden**  
Division E Club Coach  
Coordinator

I first joined the Cook Strait Toastmasters Club in 1993 in Wellington and left again in 1996 after achieving his CTM. After a 7 year hiatus, I

returned to Cook Strait in 2003 and ventured out of my comfort zone by taking on leadership roles, visiting other clubs and districts and attending semi-annual conventions.

I am passionate about the organization, especially the people that walk through the doors, the nervous first visitors to experienced members. Highlights for me include roles as Club President, Area Governor and Division E Governor, as well as receiving my DTM and assisting with new club start-ups including Dialogue, Willis Quarter, Advanced Wellington and Wellington Professional. While recently a member of 3 clubs, I have now cut this back to just 1 club, Wellington Professional, where I hold the role of President for 2011-2012. Outside Toastmasters I strive to achieve that work life balance with a Government job which involves regular travel, and a non-toastmasters wife, 3 girls and 2 boys aged 12-23yrs.



**Pamela Snow**  
E1 Area Governor  
Capital Club, Public Service,  
The Gourmet, Wellington Club

My husband Jack suggested I try Toastmasters. Jack is a founding member of the Public Service Toastmasters and, after many years working overseas, Jack was anxious to get back to Toastmasters. Everyone was so welcoming and excited to see us, I couldn't resist.

Teaching has been my career. I was always running over time in my lessons. Through Toastmasters, I have had to hone my timing skills. I would say that this has been one of the biggest benefits for me. I'm interested in the Leadership strand. I have a Master's degree in Educational Administration. Now that I am retired, Toastmasters gives me the opportunity to keep those skills alive, not to be buried with my change of lifestyle. I now belong to two clubs, Public Service and The Gourmet.

What keeps me busy - other than toastmasters, is trying to get my body fit to go for another 30 years, photography, journal writing, book-making and textile arts.

My goal is to achieve my DTM, sooner rather than later and to assist my Clubs to achieve their personal goals in 2011/12.



**Stephen Preston**  
E2 Area Governor  
Business Breakfast, Capital Breakfast,  
Capital Chatterers, Harbourside

Early morning is a great time to grind the gears in the brain and the tongue into work & vibrate the vocals... And I'm not the only one who thinks so.

There are many awesome Toastmasters who start the working day with an hour or so at a club in Wellington City, and I am fortunate enough to support these clubs in the year ahead as the E2 Area Governor.

Having been a Toastmaster for 4 years now, I have enjoyed the variety of opportunities that have been presented me – opportunities I have not let lie unchallenged. Earlier this year I was awarded my DTM, following on from experiences which included twice being President of the first club in NZ to achieve 10 points in the DCP programme, with 2 separate clubs; supporting E7 to Presidents Distinguished Area in 2009/10; mentoring a club (AUT Students), and sponsoring another (Wellington Professional); as well as mentoring many new Toastmasters and running numerous speechcraft courses in both community and corporate sectors. I thoroughly enjoy networking with the fantastic people who endeavour to excel at communication and leadership within Toastmasters, and I look forward to carrying that forward into my year ahead.



**Carol Denny**  
E3 Area Governor  
Gracefield, Hutt Valley, Petone,  
Sunday Afternoon, Wainouiomata

Joining Toastmasters in November 2007 has since become a way of life. I love the challenge, meeting new people, educating myself, and I am thrilled when I can pass on the things I have learned to willing and enthusiastic people like myself.

I am a Chartered Member of:

- Wainouiomata Toastmasters Club;
- Advanced Wellington Toastmasters Club; and,
- Sunday Afternoon Toastmasters Club

I have gained my ACS and ACB award. I look forward to completing a "Success Communication" to receive my ACG Award by the end of July 2011. I am keen to accelerate the skills I have already acquired by putting them into practice over the coming Toastmaster's year in the challenging yet rewarding role as Area Governor.

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## Toastmaster District 72, Division E Newsletter, July 2011



### **Paul Littlejohns**

**E4 Area Governor**

*Johnsonville, Karori, Newlands, Ngaio, Ohariu*

I joined Newlands Toastmasters Club with the intention of gaining some communications skills and leaving after about six months... that was eight years ago.

Since then I have achieved the Competent Toastmaster level on the old programme and, more recently, I have Advanced Communicator Gold on the new programme.

I have had a number of roles on the committee at Newlands Toastmasters, including Club President and have achieved many things with this great organisation.

I'm looking forward to continuing the excellent work done by my predecessors in this role.

**What's all this about District Realignment?**  
For more information about the new realignment for New Zealand (District 72) and who looks after what Area, please go to the Toastmaster New Zealand website:  
**[www.toastmasters.org.nz](http://www.toastmasters.org.nz)**



### **Chris Manson**

**E6 Area Governor**

*DIAlogue, Postmasters, Statistics NZ, Taxing, Toast Health, Up Top*

I live and Work in Wellington and have been a Toastmaster for three years now, but only recently completed my CC.

I joined Taxing Toastmasters with four other people from my work unit as it seemed like an interesting way to spend lunch. I discovered that I could learn to improve my speaking and also enjoy myself at the same time. The big payoff was giving a 5 minute speech at my parents' 50th Wedding anniversary last year when I got the message across, engaged the audience, entertained and gave them something to think about.

My other interests are Outrigger (Waka Ama) paddling, dragon boating, playing poker, off road running and cycling touring.

My goals for the next 12 months are to see how I, as an Area Governor, can help other clubs and Toastmasters get the best out of the organisation and themselves.



### **Mary Clarke**

**E5 Area Governor**

*Coastmasters, KapiMana@Tawa, Porirua Central, Spinnaker, Toastmasters of Waikanae*

I have been a Toastmaster for 3 years and am currently a member of 3 toastmasters clubs. I enquired about Toastmasters ten years ago and I wish I had

joined then as I very much enjoy the challenges provided by Toastmasters and the skills gained have helped me immensely in my workplace.

I am married and have 2 children, 6 stepchildren, and 14 grandchildren. My hobbies are reading, eating out, walking and travelling.

I am looking forward to the next year in Toastmasters meeting other Toastmasters from the E5 clubs as I take on this Area Governor role.



### **Carol Mitchell**

**E7 Area Governor**

*Cook Strait, Island Bay, Mt Victoria, Peninsula Presenters, Turbine Talkers*

I'm relishing this opportunity to serve E7 and am looking forward to not only meeting all my clubs in the coming

weeks, but also to providing my input and support, and working alongside them during the 2011/12 Toastmasters year to assist them to become the best they can be for their members.

I currently hold an Advanced Communicator Bronze and Advanced Leader Bronze and belong to Island Bay Toastmasters and Porirua Central Toastmasters Clubs.

**Want to ask your division team anything?**  
Contact Sarah Bate, DTM, your Division Governor on **[division\\_e@toastmasters.org.nz](mailto:division_e@toastmasters.org.nz)**, or your own Area Governor at **[area\\_e##@toastmasters.org.nz](mailto:area_e##@toastmasters.org.nz)** where the # should be replaced with the area number you want.



## Toastmaster District 72, Division E Newsletter, July 2011



### **Carolyn Lankow**

**E8 Area Governor**

*Hutt City, Masterton, Upper Hutt, WOW*

After relocating to Upper Hutt from the Wairarapa, including moving to a new job in Wellington city, I joined Toastmasters at the Upper Hutt Club in 2003. I wanted to be part of a community of liked-minded people and heard my manager talking a colleague into doing a speechcraft course, so I thought I'd check out Toastmasters too... and I've never looked back. Since then I have found being a Toastmaster to be extremely satisfying, meeting new and interesting people, and learning some great skills that I can use at work along the way. I have also found out many things from speeches that have opened my eyes to the community around me.

I am married and have 2 children. My personal goals for this year include completing the role of Area Governor to the best of my ability, and in so doing completing my ALS award, and I am going to attempt some 'out of my comfort zone' Advanced Communication manuals. Toastmasters is the perfect place to challenge yourself in this way as you know you will get some positive feedback to help you improve.

I look forward to the challenges and events of the year ahead where I aim to support the clubs and their members to reach their goals.

### **Margreet Bos**

**E9 Area Governor**

*Five Crowns, High Noon Bankers, Terrace@12, Victoria University, Willis Quarter*



### **Erin Daldry**

**E10 Area Governor**

*Advanced Wellington, ANZ National Wellington, Te Aro, Wellington Professional*

I only came to Toastmasters to support a friend who was doing his Icebreaker! Just over a year later, I belong to Business Breakfast and Wellington Professional Clubs as well as helping out at Victoria University Club and doing a weekly Toastmasters radio show: "Word of Mouth" on Wellington Access Radio 783AM. I'm in the midst of working towards my DTM and am currently running my first Speechcraft course as part of my High Performance Leadership Project.

Outside Toastmasters, as well as being a public servant, I'm a rabid Canterbury rugby fan and volunteer at Karori Wildlife Sanctuary (Zealandia). Those last two things mean I'm never short of a speech topic.

I'm enormously looking forward to being the inaugural E10 Area Governor and meeting with the four clubs who will make our Area 10/10.



### **Club Management Software**

**Bringing your club into the 21<sup>st</sup> Century**

[www.easy-speak.org](http://www.easy-speak.org) is the place to go to find a fully automated online system to bring order from chaos and provide the intuitive tools required to implement a member management and roster system, providing mentoring and knowledge components that improve your club experience at zero cost.

**Come find out more at our Workshop on Saturday 13 August 2011 from 1pm at the Band Rotunda, 245B Oriental Parade, Oriental Bay – Gold Coin Donation**

#### **Features:**

- Manage your Membership List
- Roster your Meetings
- Print your Agendas
- Manage a List of Requested Speeches
- Member History / Goal Tracking
- Meeting reminders / Emails
- Mentor System
- Knowledge Base
- Discussion Forum

All in a single, easy to use system.

#### **Benefits include:**

- A much more efficiently run club
- Encourages participation by all members
- Frees up the VP Education to focus on key priorities
- Your club is seen as embracing 21<sup>st</sup> century technology

#### **At the Workshop:**

- Introduction to Easy-Speak
- Setting Up Your Club Members and Meetings
- Goal Management & Mentoring
- Easy-Speak Knowledge & Communication Channels



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## Toastmaster District 72, Division E Newsletter, July 2011

### What's all the hype about Contests?

Contests play a big part in the Toastmaster programme. Here is some information to help you gain a better understanding of what they are about and how they can benefit you.

#### Why do Toastmasters love contests?

The club speech contest is a great way to stretch yourself and push yourself beyond your comfort zone. Participation is a wonderful opportunity to put into practice the techniques you have learned in the Toastmasters programme. Contests also provide valuable experience and build skills. They showcase progress and get members involved in a shared activity and they help determine your club's representatives to Area contests and beyond. By doing this, it also allows those members to perform better at that level if they've shared the experience of speaking in a strong club contest.

#### How can I enter a contest?

Your Club President will let the Club members know when these will occur and entries will be requested.

#### What and when are these contests held?

At the club level these are held annually and there are four contests in total:

- Humorous (end August)
- Table Topics (end August)
- Evaluation (February)
- International (end February)

#### Who is eligible to enter the Contests?

Every Toastmaster can compete as long as they fit against the following two critical criteria:

- You must be in good standing in the club, and the club must be in good standing with Toastmasters International, with all dues and membership applications current at time of competing; and,
- In the International Speech Contest, all members must have completed a minimum of six speech projects from the Competent Communication manual.



#### What if I don't wish to compete, can I be involved in contests in any other way?

Absolutely. You can play an important role as an 'official' by ensuring the event runs successfully. The key roles are:

- Contest Chairperson
- Judges – both standard and tie breaker
- Sergeant At Arms
- Timekeepers
- Ballot counters
- Caterers
- PR to promote event outside of club

#### Can I get an award for carrying out any of these roles?

Absolutely. As a Contest Organiser or Contest Chair there are several projects you can get evaluated against in the CL manual. If you participate in a speech or table topics contest, you can have your speech evaluated from one of the many Toastmaster manuals.

#### Are there any resources I can use to help me with contests?

- Read next month's issue on what Division E did to take advantage of learning more about contests
- [www.toastmasters.org/MainMenuCategories/Shop/SpeechContestMaterials.aspx](http://www.toastmasters.org/MainMenuCategories/Shop/SpeechContestMaterials.aspx)
- Go to the NZ or International websites
- Talk to your club President and/or Committee Members for more advice and useful tips.



### Word of Mouth

Your Toastmasters show on the radio...

Saturdays at 1.30pm on Wellington Access Radio

Or you can hear our podcasts online on the web at:

[http://www.accessradio.org.nz/word\\_of\\_mouth.html](http://www.accessradio.org.nz/word_of_mouth.html)

Alternatively, if you are keen to take up the opportunity to get involved then it would be great to hear from you.

Give us a call on 021-203-4545 or (04) 382-9811, or email at [wordofmouthtm@gmail.com](mailto:wordofmouthtm@gmail.com) to find out more.

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## Toastmaster District 72, Division E Newsletter, July 2011

### What's News?

#### Membership Building Clinic

9:00am, 20 August 2011  
The Band Rotunda, Oriental Pde

Ever wonder why few guests visit your club? Or why those guests don't join? Have your long-term members have stopped coming to meetings or participating?



#### Here's what you should consider:

- People can't join your club if they don't know it exists.
- People won't join if they don't get a good first impression.
- Members won't stay if their needs aren't being met.

Come along to this Clinic to help build membership in your Club. Share the work and the learning. The opportunities for learning are plentiful. You can have fun, learn valuable skills and gain ideas on promoting your Toastmasters club



#### 2 Judging Workshops...

1:00pm, 20 August 2011  
The Band Rotunda, Oriental Pde  
9:00am, 27 August 2011  
Venue TBA, Upper Hutt

Learn the rules, responsibilities and guidelines for judging Toastmasters contests in these invaluable workshops.

#### e-Clinic

1:00pm, 17 September 2011  
Petone Baptist Church, Petone

#### Learn how to:

- make your clubs own website work in your favour
- develop an effective presence on the web
- utilise social networking



We'll also be looking at how to use the International Website, FreeToastHoast, and a follow-up on Easy-Speak.

#### Promotional Activities...

Does your club, or Area, have any promotional activities in mind? Maybe a community fair, or exhibition is coming up? We do have some material and support you can call on... Ask your Area Governor, Div Gov or Div PRO for more information!!!

#### Division E Conference

8:30am to 1:00pm, 8 October 2011  
Petone Baptist Church, 38 Buick Street, Petone

Only once per year will you get to see Wellington's finest Impromptu and Humorous speakers come together to battle it out for Division honours.



#### You won't want to miss this event where you will get the chance to:

- support your 'Area' comrades
- learn from the best in Wellington
- be reminded about the benefits of Toastmasters
- network with other Toastmasters
- have fun achieving all of the above!



#### District Convention

4-6 November 2011  
Baycourt Community Arts Centre,  
38 Durham Street, Tauranga

A fantastic event in a great location! Come and support your Division E winners in the District Finals of the Humorous Speech & Table Topics Contests, enjoy the keynote speakers and educational workshops. Don't forget the dine & dance... <http://www.toastmasters.org.nz/events>

#### Club in Formation

A very social Advanced Club in formation. Meeting from 7pm to 9pm on the last Friday of each month on a rotation basis at the homes of its members, this club will be characterised by a strongly social atmosphere and by a delicious pot luck dinner. If you are keen to find out more about this club then just get in touch with Carol Mitchell at [area\\_e7@toastmasters.org.nz](mailto:area_e7@toastmasters.org.nz).



#### Progressive Club

#### Wellington



#### Speechcraft Course

8 wks, 25 Aug-13 Oct  
Thurs eve 6pm to 8pm  
At the Band Rotunda,  
Oriental Parade

#### Open to the Public

Just \$250 – limit 12

To find out more just email [Speechcraft@wptc.co.nz](mailto:Speechcraft@wptc.co.nz), or call Steve Preston on 021-203-4545 or (04) 382-9811...

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**Toastmaster District 72, Division E Newsletter, July 2011**

**Let us know what you think**

**Your feedback is important to us – so please let us know what you think**

**Your views will enable us to develop a newsletter that will ensure your needs are met and ensure we are providing you with information that is both topical and relevant. This survey should only take you 2 minutes to complete.**

1. What alternate topics would you like to see more of in future issues?

.....  
.....

2. Would you prefer a balance of advice/tips from the District, Division, and/or Clubs on how best to deal with common issues? And if you would like to hear from other clubs, what sorts of topics would you like to learn about?

.....  
.....

3. How important is it to you to read about local Toastmasters and/or clubs achieving Awards, or would your preference be to look these up yourself on the Toastmaster International website?

.....  
.....

4. Would you like to provide 'good news' type stories about what your club has been up to and share it with other clubs via this newsletter?

.....  
.....

5. Along with the Division E Governor, please indicate whether you would like to hear specific updates or advice from the Area Governors, the TLI Officers, the Public Relations Officer, and/or the Club Coach on a regular basis?

.....  
.....

6. We acknowledge that many readers are time-poor. Therefore would you prefer a 4, 6, or 8 page double-sided newsletter in future?

.....  
.....

7. What is your preference for receiving this newsletter (e.g. via link by email, HTML, via NZ Toastmaster website, printed form, or any other method – please state)?

.....  
.....

**Thank you for your time. Please forward your feedback to:-  
Hirata Harris, Division E Public Relations Officer  
hirata\_harris@yahoo.com, or call 027 600 4150**

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