



# District 72 Newsletter

November 2020

## District 72

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### Inside This Issue

2019-2020 Awards Dinner  
Save the Date  
Kingsley Moody  
Pathways  
Free Path  
Club Officer Training  
Induction App  
Events  
District Leadership Committee  
Opportunities  
Contests  
District Supplies  
Website

## Support D72

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<https://www.facebook.com/ToastmastersNewZealand/>

### Join:

District 72 Members Group on Facebook to share ideas and resources.  
<https://www.facebook.com/groups/729184510847991/>

### Follow us on Instagram:

[nztoastmasters](https://www.instagram.com/nztoastmasters)

### Website:

[www.toastmasters.org.nz](http://www.toastmasters.org.nz)

And, of course, tell your friends...

## Tēnā koutou District 72 Members

### 2019-2020 Awards Dinner

The District 72 Awards Dinner was held recently in Mosgiel. Diane Isherwood, last year's District Director, presented:

- Toastmaster of the Year to **Jane Gregory** of Speak-Easy Club, Dunedin
- Division Director of the Year to **Linda Barnes**, Division C
- Area Director of the Year to **Esther Haines**, Area C4
- Don Harden Memorial Award for Professionalism to **Alison McKone** of Hutt City Toastmasters.

For photos and more information on the winners and Toastmasters receiving special mention, visit:

<https://toastmastersorgnz.sites.acclipse.com/news/d72awardsdinner>

Congratulations to everyone involved!

### Save the Date – Leadership Weekend

Develop leadership skills and experience personal growth with other motivated Toastmasters.

Planning is underway for a leadership weekend to be held at Lake Rotoiti Lodge on **19-21 February 2021**. It's aimed at members wanting to take up or continue leadership within their Clubs and the District. If this sounds like you, save the date and look for more information as it becomes available on the Toastmasters New Zealand website, Facebook page, through this newsletter and from your District leaders.

### Kingsley Moody

Many of you will know our Past District Director, Kingsley Moody, who led the New Zealand-wide District 72 from 2014-2015. Kingsley is currently gravely ill in hospital in Auckland and is unable to take visitors. If you would like to send a message, the best email address is [4kingsley@d112tm.org.nz](mailto:4kingsley@d112tm.org.nz). Our thoughts are with him.

### Pathways

Congratulations to **Marina Taylor** of Aranui Toastmasters and Riccarton Toastmasters. Marina has earned only the second Pathways DTM award in the District. At the same time, she has completed the Pathways Mentor Program. She is one hard-working Toastmaster.

So far this Toastmasters year, members have earned 392 awards. These include **Level 5 awards** for Terry Cave (Newtown), Mary Jaksch (Nelson Madhatters), Paulette Elliot (Christchurch) and Eleanor Upton (High Noon Nelson).

Congratulations! Completing level 5 takes concerted effort and we look forward to celebrating more successes in future newsletters. Please note, if we do not acknowledge your name, you might have opted out of having your name listed.

District Pathways adoption rates haven't been updated by Toastmasters International beyond 14 September yet but we'll update them as they come to hand. Congratulations to the 13 clubs who have 100% results in all categories as at 9 November: Airwaves, Aranui, Avon, Coastmasters, Island Bay, Newlands, Ohariu, Police, Public Service, Silverstream, Sunbelt Speakers, Turbine Talkers and Wainuiomata. There are 37 clubs with 100% of new members registered on Pathways as at 9 November. Our goal is 100%. If you have any suggestions to facilitate even better adoption and ease of use for members, please send them to [info@toastmasters.org.nz](mailto:info@toastmasters.org.nz). We will do our best to implement them.

Pathways drop-in sessions are being run until the end of the year for you to ask any question you like. There's no need to register. Sessions can be found at <https://toastmastersorgnz.sites.acclipse.com/districtcalendar> and [http://www.toastmasters.org.nz/district\\_training](http://www.toastmasters.org.nz/district_training).

### Free Path

Any Toastmaster who renews their membership for the October renewal period by 31 December will automatically receive a free Pathways path. Toastmasters International emailed all members with this offer recently. Your free path must be redeemed **before 31 March 2021**. To do this, visit your Toastmasters profile at [www.toastmasters.org/my-toastmasters/profile](http://www.toastmasters.org/my-toastmasters/profile). (You'll need to sign in first.) Then click the "Choose a Path" option and follow the normal path selection process. Most questions you have about the free path will be answered at <https://www.toastmasters.org/education/free-path-faq>.

### Club Officer Training

Round Two of Club Officer Training will be online and open to all members who would like to learn about club officer roles, other leadership ideas and ways to help support your club. All attendees should register on the District Training website page: [https://toastmastersorgnz.sites.acclipse.com/district\\_training](https://toastmastersorgnz.sites.acclipse.com/district_training) Resources will be added there as they become available.

The dates are:

- Wednesday, 2 December 5.30 - 9.00 pm
- Saturday, 5 December 8.30 am - 12.00 pm
- Thursday, 10 December 5.30 - 9.00 pm
- Monday, 18 January 5.30 - 9.00 pm
- Wednesday, 20 January 5.30 - 9.00 pm
- Saturday, 23 January 9.30 am - 1.00 pm
- Sunday, 31 January 9.30 am - 1.00 pm
- Thursday, 11 February 5.30 - 9.00 pm
- Friday, 26 February 4.30 - 8.00 pm

### Induction App for Club Leaders/Committee Members

Recently we launched an induction app to support our club leaders. The app covers most of the aspects of the committee roles during the year. It is designed to be a quick place to go for information and suggestions for where to look for more support. The app can be easily accessed on any mobile device or computer.

An invitation to register for the app was sent to club leaders who gave permission for their contact details to be shared with the provider, Optimism. This is a very new approach for District 72, which we hope will provide support and encouragement to our members. If you'd like to know more about the app, contact the District Training Team: [kath@toastmasters.org.nz](mailto:kath@toastmasters.org.nz).

### Events

There are many events around the District from now until Christmas. These include online contests, Pathways and Zoom drop-in sessions, a Christmas Dinner and Quiz for Divisions D and E. For a full list and known details, please visit <https://toastmasters.org.nz/districtcalendar>. That webpage also includes an Event Notification link if you'd like to put your event onto the calendar.

When planning your events, please consider lead-in time, other events (avoid clashes), what additional information attendees should know or even whether you would like to announce your event and ask for people to be involved in some way. We can create a webpage with all relevant information, preferably with an accompanying picture.

## District Leadership Committee Chair

Each year, a committee is formed to manage applications for the elected positions in the District. We are pleased to announce that the Chair this year will be **Esther Haines** of Dunedin, Wavecrest and Scarfies Speechcraft Clubs. Esther will be forming her committee before 30 November and will be seeking one member from each Division. Details of how to apply for the elected positions in the District will be in next month's newsletter and on the Toastmasters New Zealand website in due course.

## Opportunities

About one third of our clubs qualify for a coach at the time of writing. That means they have 12 or fewer members. If you are a club that would like a coach or a member who would like to be considered to coach a club, contact our Club Growth Director, Kathryn: [clubgrowth.d72@toastmasters.org.nz](mailto:clubgrowth.d72@toastmasters.org.nz). Bringing in a club coach to brainstorm and try out ideas is a great way to broaden your club's view of Toastmasters and what it has to offer. Being a coach extends your ability to think outside the square as well as increasing your Toastmasters knowledge. It's a useful addition to your CV.

## Contests

Congratulations to all the winners of our contests at club, area and division levels. Good on you for stepping outside your comfort zone and succeeding. Good luck for your next level! A lot of work goes into running contests so congratulations to everyone involved.

## District Supplies

Occasionally we still get enquiries about District Supplies. This service is closed. All purchases are to be made directly with Toastmasters International and will need to be paid for via your credit card. Many items are available for digital download to members, so make sure you login using your Toastmasters membership number.

You can download visitors' packs from the Toastmasters New Zealand webpage:

[https://toastmastersorgnz.sites.acclipse.com/member\\_resources](https://toastmastersorgnz.sites.acclipse.com/member_resources)

If you need printed versions, there are still many available. Contact [admin@toastmasters.org.nz](mailto:admin@toastmasters.org.nz) to source them.

## Website

Updates continue on the site.

- There are Public Speaking tips at [https://toastmastersorgnz.sites.acclipse.com/build\\_your\\_confidence/public\\_speaking\\_tips](https://toastmastersorgnz.sites.acclipse.com/build_your_confidence/public_speaking_tips)
- The minutes of the recent District Council and District Executive Committee meetings are at [https://toastmastersorgnz.sites.acclipse.com/member\\_resources/executive\\_meeting\\_documents\\_-\\_d72](https://toastmastersorgnz.sites.acclipse.com/member_resources/executive_meeting_documents_-_d72)

If you have any suggestions for further resources or other ideas, please send them to [rob@toastmasters.org.nz](mailto:rob@toastmasters.org.nz).

## Breaching our Comfort Zones – go toward the pain

Like most things in life, you get out what you put in. On a recent course, participants were encouraged to “*go toward the pain*”. It means, when faced with a choice, think about which option is more difficult for you and consider taking that one. For some of us, taking opportunities to speak and lead is like lifting weights; the greater the resistance or discomfort, the greater the training effect as we develop our speaking and leading muscles.

However, sometimes, it's OK, maybe even beneficial, to take a breather. Sometimes to say “no” or to delegate is the greater challenge. That's the time when we can feel fulfilled by watching and helping others to succeed. Most of us need words of encouragement, support or advice to keep pushing outside our comfort zones and going toward the pain. Sometimes, we just need the chance, then prefer to go it alone. We're all different and we're all in this together.

Have a go at challenging yourself this Toastmasters year or, if you don't feel you need to do that, encourage someone else to go toward the pain. Then take pleasure in watching the skills and confidence they gain.

Ngā mihi

Rob Woolley

District 72 Director