
February 2023



DISTRICT 72



Toastmasters International - New Zealand South Island
and Wellington Region

Updates and Notices

Club Officer Training
Marketing Competition
Relignment Reminder

Is the newsletter giving you what you
want?

Let us know
Email

toastmastersdistrict72@gmail.com.

Video
Conference Update
from Pauline
Conference Convenor

Club Officer Training

2 online sessions left.

Don't miss out

Thursday 16 February - 6.30 - 9.00 pm

Hosted by Division E

[Register here](#)

Saturday 25 February - 9.00 - 11.30 am

Hosted by Division D

[Register here](#)

In-person session available

Saturday 18 February

1.30 - 4.30 pm

Johnsonville Collective Hub

33 Johnsonville Road

Johnsonville, Wgtn

[Register here](#)

Registration for all sessions essential

Marketing Competition

Do you have ideas for the
District Marketing Budget?
Why not share them with us?



DISTRICT 72 MARKETING COMPETITION

How would you use \$5,000 to
promote Toastmasters?

Let your creativity flow!

Competition closes Sunday 26 February
Send your entries to
toastmastersdistrict72@gmail.com.



Entries to
toastmastersdistrict72@gmail.com

By 26 February

What will our Divisions look like next year?

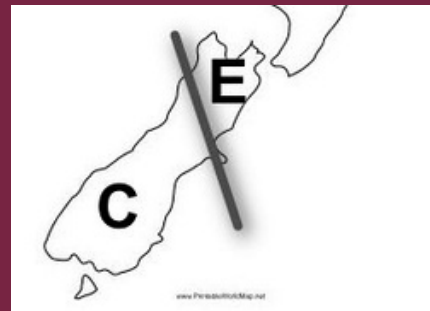
Have your say on Realignment

Each year the District team has to consider if clubs, areas and divisions are lined up in the best way to support members.

This year is no different. The draft realignment proposal is available on the District 72 website or download the report [here](#).

Draft proposal headlines

South Island moves from three divisions to two. This map shows the approximate division line



For Divisions C and J - some changes to club areas is proposed

All Toastmasters are encouraged to read the report and provide feedback by 28 February

Email realignment@toastmasters.org.nz

South Island - Divisions C and E

Sunday, 19/02/2023

Thursday, 23/02/2023

Tuesday, 28/02/2023

North Island - Divisions G and J

Thursday, 02/03/2023

Sunday, 12/03/202

Zoom meetings are also planned to discuss the proposal.

Time: 7:00 - 8:00 pm

To register email
realignment@toastmasters.org.nz

February 2023



DISTRICT 72



Toastmasters International - New Zealand South Island
and Wellington Region

Conference News

District 72

Toastmasters Conference

12-14 May 2023

Angus Inn, Lower Hutt

[Video](#)
[Conference Update](#)
[from Pauline](#)
[Conference Convenor](#)



TOASTMASTERS BACK← TO THE FUTURE

District 72

Toastmasters Conference
12-14 May 2023
Angus Inn, Lower Hutt

WORKSHOPS
CONTESTS
NETWORKING
ENTERTAINMENT
KEYNOTE SPEAKERS
AWARDS

ATTEND THE EVENT OF THE YEAR!

Full/Standard \$140

Late Registration \$160

For further cost information see:

<https://www.toastmasters.org.nz/conference>

Key Note Speaker

Saturday 13th May

E koekoe te tūī, e ketekete te kākā, e kūkū te kererū

The bellbird chatters, the forest parrot cackles, the wood pigeon coos
Everyone has a voice. Everyone has a right to speak.

Kingi Biddle

Kingi Biddle is from the pride-lands of Rotorua. He was raised alongside his elders where his love of storytelling began. Storytelling to keep his history alive, storytelling to help him deliver messages to be heard and understood.

Kingi started his Toastmasters journey in District 72. When he began in March 2010, all of New Zealand was District 72. On three separate occasions 2011, 2013 and 2014, Kingi has been District 72's International Speech Contest Champion. On two of those occasions, 2011 and 2013 he advanced to the World Championship of Public Speaking.

In 2013 he took 1st Runner Up in the World Championship of Public Speaking.

In 2019 Kingi became Inaugural District 112 International Speech Contest Champion. His home club is The Taniwha Hunters from Rotorua but his greatest love is his whānau. They fill him with pride, joy, and a huge sense of belonging.

Kingi is elated to be joining his District 72 whānau.



He kitenga kanohi, he hokinga mahara

When we see a face, memories come flooding back

WORKSHOPS

Saturday 13th May



Discover YOUR unique Leadership Potential

SABINE PARRY



Would you like to learn: What it means to be “emotionally intelligent”? What it takes for you to break old habits that are no longer serving you? How you can excel in any leadership role using practical, easy to use tools?

Sabine motto is to Engage - Empower - Elevate. She stands for conscious and compassionate leadership. She loves sharing her passion for a holistic leadership approach, combining everything she learned about conscious & subconscious mind, health & fitness with practical hands-on business advice from her own experience.

If you would like to dive deeper into how you are perceived by others when you're *at your best* and what you can do to utilise self-awareness to become a better leader, this workshop is for you :-)

If you are on the Motivational Pathway: Bring your diary/homework on Project Level 3 “Understanding Emotional Intelligence” along!

About Sabine:

Sabine lives and breathes a unique holistic approach to leadership: She studied Business Administration and Management, founded and grown businesses in Germany and New Zealand (Business). She is also a certified NLP-coach and Hypnotherapist (Mind & Subconscious/Energy) as well as a certified Personal Trainer (Health & Wellness). For the last few years she has been focusing on board roles and being a leadership consultant and team communication facilitator.

Sabine has been with Toastmaster almost 8 years, becoming a DTM in 2021.

<https://sabineparry.com>

[Registration Link](#)

[Conference website](#)

WORKSHOPS

Saturday 13th May

The Fun Factor

ROB JULIAN



At Club Officer training, and Area Director visits clubs are rightly urged to ensure members progress through Pathways and achieve awards, and to complete the Distinguished Club Programme.

But what about having fun? Has your club spent a weekend white water rafting, or challenged another club to a debate, or a Sunday afternoon softball match and picnic? What about a Soapbox Oratory session in the Shopping Centre on a Saturday morning? Have you ever had a speech where the whole meeting hopped around the room pretending they were frogs going 'greebit greebit' and singing the 'frog song' for a speech celebrating the Norwegian Constitution Day? Did you have a riotous end-of year meeting?

Sometimes we can be a bit too serious.

This session will look some of the ideas and events clubs have done, just to have fun and be slightly, or excessively crazy. What ideas can your club come up with?

About Rob:

Winner - District 72 (NZ) - International Speech Contest, Evaluation Contest, Humorous Speech Contest

Award for Most Successful Division Governor of District 72

A grade Debater in Wellington Debating Society, Coach of Newlands College Senior A Debating Team

Toastmaster Workshops run at National Conferences

Techniques of Evaluation

Avoiding Reductionism in Judging

Writing the Instant Speech

Membership

Spice up your Speeches

Chairing Committee Meetings

Techniques for Increasing Club

Using Humour in Speeches

Mentor in the Formation of

Johnsonville Toastmasters

BNZ Toastmasters

Island Bay Toastmaster

Ohariu Toastmasters

Presently running a Youth Leadership Course for 34 Yr 8 Students at Wadestown School for 10 Tuesday afternoons
And Speechcraft and Leadership Courses for 8 two hour sessions for Staff at ACC Wellington.

www.youtube.com/watch?v=S-L7M6s1qYw

WORKSHOPS

Saturday 13th May

Circle of Confidence ANDREW HARDWICK

"Circle Of Confidence" is fun, active workshop in which Andrew helps you to focus on finding and unleashing the most confident version of yourself. At the Toastmasters Conference, Andrew will show you how to apply this confidence and focus to your own Toastmasters journey.



About Andrew:

Professionally Andrew is known as "The Habit Change Wizard", from his work as a Professional Hypnotherapist & Hypnotherapy Trainer, a Practitioner of Neuro-Linguistic Programming (NLP), Emotional Freedom Techniques (EFT - aka Tapping), a Life Coach, Tai Chi Instructor and Speaker/Presenter, offering all the above both in-person and online.

Andrew Hardwick first joined Toastmasters in 2017, when he was briefly a member of Miramar Toastmasters. Much better known for his association with Upper Hutt Toastmasters, he is currently both Immediate Past President and Secretary. He has also had a stint as Sergeant-At-Arms

Initially joining at a time when the old books were in play, Andrew completed his Competent Communicator manual and Competent Leadership manual. An early adopter (and big fan) of the online Pathways, Andrew has since completed 3 Pathways, and is targeting a Distinguished Toastmaster Award!

For leisure, Andrew practices what he preaches, exercising his mind and body daily, through a combination of self-hypnosis, reading, walking, tai chi, gym workouts, swimming, aqua-jogging and pickleball.

www.andrewhardwick.co.nz

February 2023



DISTRICT 72



Toastmasters International - New Zealand South Island
and Wellington Region

Contest Focus

Being an Effective Judge

Is the newsletter giving you what you
want?

Let us know
Email

toastmastersdistrict72@gmail.com.

Video
Conference Update
from Pauline
Conference Convenor

Contest Focus

Interested in learning how to be an

EFFECTIVE JUDGE?

I have been a Toastmaster for over 10 years. I love contests and the challenges they provide. However, I avoid judging unless I am cornered!

I don't think I have the necessary analytical skills to interpret the judging criteria to a suitable level. Some Toastmasters who know me disagree with my self-assessment. They encourage me to judge - telling me I will gain confidence the more I do it.

While they may be correct, I am not sure about learning by practising on people who have put much hard work into preparing for a contest.

I have a possible solution - 'cause I am sure I am not the only Toastmaster in the District who needs help to understand the judging criteria and how to use it to analyse and judge speeches.

Judging School

Yip, that's my idea. Someone who is an experienced and successful contest judge facilitates a series of classes.

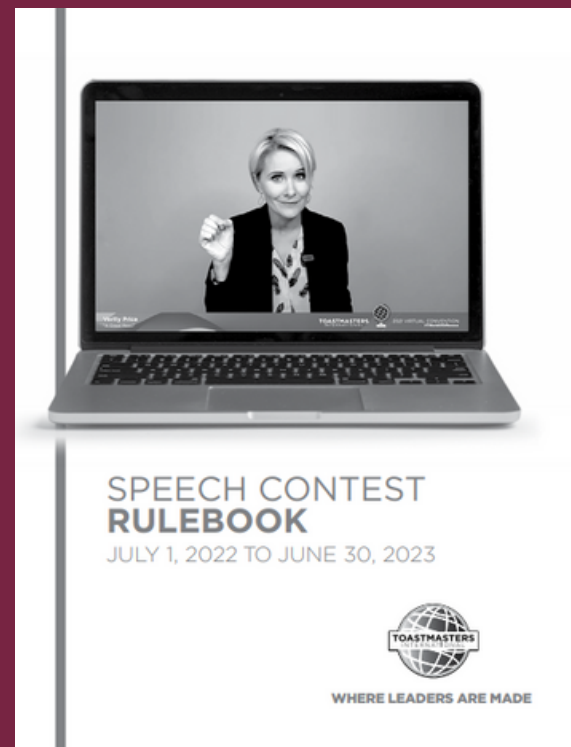
ch

Of course - for it to be worth their time, we would need a group of about 8-10 to commit to attending all the sessions.

At the end we could be given a certificate, acknowledging our work and showing Clubs, Areas and Divisions they can have "trained" judges.

A bonus would be the standard of contest results would rise. And that would be a big win for all of us. Improved contests would raise the level of speaking and evaluating across the District.

Interested? Email
toastmastersdistrict72@gmail.com



February 2023



DISTRICT 72



Toastmasters International - New Zealand South Island
and Wellington Region

Educational Focus Speechcraft

Does your club run Speechcraft course?
We often get enquiries and need to
refer people who want to join one.

Keep us up-to-date with the details

Email

toastmastersdistrict72@gmail.com.

Video
Conference Update
from Pauline
Conference Convenor

Educational Focus

Speechcraft

It doesn't have to take weeks ...

He was brought up by his kuia, living in the bush, running free and getting little in the way of formal education. He never came across money until he was about ten years old ... and then an uncle took him to a town and led him into a life of crime: horse stealing, drugs and the Mob. Not your usual Toastmasters Icebreaker but one of the most powerful I have ever had the privilege of hearing. And ... he removed his gang paraphernalia when he delivered to the group.

The Conservation Work Skills NZ programme was developed by Conservation Volunteers New Zealand (CVNZ) in partnership with the Ministry of Social Development (MSD) in 2018 to help unemployed people get back into the workforce. Their programme runs for twelve weeks and as much is done to assist participants to succeed as possible, as well as help them grow through 'Inspiring Change by Connecting with Nature'.

Three years ago, I was asked to help put together a Speechcraft programme which would help with confidence building through public speaking. Time allowance: three half days! Not your typical Speechcraft course of several weeks.

Kiri, the group's co-ordinator at the time, was really excited about giving the Toastmasters experience to her team – I was a little unsure about what we could achieve in three half days so knew that whilst what we ran would have a Toastmasters flavour it would need to focus on more of an impromptu speaking approach, culminating in one Icebreaker speech from each participant on the half final day.

We wanted to ensure everyone gave everything a go, although if anyone was really uncomfortable, they could pass. After introductions we did a quick brainstorm on how people were feeling about the sessions followed by how some of these nervous symptoms could be addressed. Ground rules were set, and we were into the first speech topic: 'Tell us about your name: how you got it, whether you like it, what it means to you.' Other short table topic exercises included, Two Truths and One Lie. Next, an opportunity to find out two things about your partner and one benefit they hoped to get from the sessions.

Speechcraft

As the morning progressed the Toastmaster facilitators gave constructive feedback – very simple to start with – to each speaker on their performances, gradually we extended this by asking everyone to contribute something to help the speaker, along with something which they excelled at.

The Round Robin exercise proved very popular: each person only speaking five words to build on a storyline given at the start. Standing and moving around helped people to stretch and changed the state of the room.

At our second session, the following week, we spent some time on speech structure and developing your Icebreaker. This was followed by more impromptu speaking opportunities with 'tell us about a time ...' questions structured in the format: the 'situation, what I did, what I would do differently next time.

Our final session revolved around the delivery of everyone's Icebreaker, the presentation of attendance certificates and, finally, awards some with financial prizes attached.

'Blown away', 'Humbled', and 'Riveted' are words which come to mind when I think about the Icebreakers we heard from our first group, and indeed from all subsequent groups. Speeches were raw, powerful and inspiring, often leading to tears in the audience. All were genuine and from the heart; it was an honour to listen to people reveal some of the very difficult situations they had faced. All wanted to move forward to something more positive and rewarding for themselves, their tamariki and whānau – and their strength and energy was infectious. Each speaker received a three-minute evaluation from a Toastmaster at the end.

"Blown
away"

"Humbled"

"Riveted"



Speechcraft

Feedback from each group of participants on what worked and what improvements and changes they would like to see in the programme has been incorporated into subsequent Speechcraft, particularly to ensure there is more movement around the room, and different stimulus material for people who are spending a lot of time in a physical environment.

For the Toastmasters who have assisted with this short Speechcraft the experience has been very moving. Everyone joined in and shared, in some case, intimate details of their own lives. I come away from every session inspired by the ability of others to overcome challenges I am never likely to face, but with a profound sense of how we are all different yet the same ... and also now secure in the knowledge that even a three half day Speechcraft can have real and lasting impact on all.

We may never find out what the young man at the start of this article is now doing. I hope he is making changes to his life so his tamariki are proud of him. I know we were ...

Written by Helen Cartmell DTM

Resources

The Toastmasters International shop has a Speechcraft Digital Bundle available [here](#)

Other Toastmasters are also a great resource - Helen's article shows one example of Speechcraft in a different way



February 2023



DISTRICT 72



Toastmasters International - New Zealand South Island
and Wellington Region

People News

Trio Update
Obituary - Dianne Moore

Do you think we should be publishing
an obituary when one of our members
dies?

Let us know
Email

[toastmastersdistrict72@gmail.com.](mailto:toastmastersdistrict72@gmail.com)

Video
Conference Update
from Pauline
Conference Convenor

Trio Update

District leader midyear training held in Kuala Lumpur – an amazing experience of meeting and connecting with other leaders in Toastmasters who prior to this, we had only seen in their little box on Zoom.

One of the most rewarding activities was for two Districts to work together to agree on a project, and present our ideas.

We were incredibly blessed to be teamed up with the most inspirational, awe inspiring and supportive District team and a wonderful International Director.

Our project “Distinguished Clubs = Quality Clubs” created many excited conversations both inside and outside of our group. We will certainly be looking to implement many of the ideas that came about from this experience.



Working on our PowerPoint presentation: -

Moon Pradhan, CGD, Suman Shakya, PQD, Ankur Yadav, DD from District 41,

Helen He, Region 14 International Director,

Kathryn Duncan, DD, Mary Jaksch, CGD, and Glen Pearce, PQD District 72

Trio Update

After the training Glen, Mary and I spent a couple more days in Kuala Lumpur, this was a great opportunity for team building and getting to know each other as more than fellow Toastmasters.



We learnt about each other's fears, goals and thoughts. By working together, we were able to achieve new heights! The team took a reflective stance, taking a good look at where we have been and where we are going!



Written by Kathryn Duncan DTM
District Director

Obituary

Dianne Rosalie Moore **1955 to 2023**

Dianne had been a member of Ngaio Toastmasters since January 1997. She was a founding member of Newtown Toastmasters that chartered in 2017.



Dianne completed the Competent Toastmaster Award, the Competent Communicator Award and the Competent Leader Awards under both of the “old” systems. She achieved the Distinguished Toastmaster Award in June 2018. Dianne also achieved the first two levels of the Effective Coaching Pathway.

Dianne was always committed to and extremely excited by the prospect of a good contest. She represented Ngaio at Area contests several times. She was also very supportive and encouraging in evaluations and willing to mentor newer members.

Some of her memorable speeches include:

- removing agapanthus plants from her garden
- holidays in Japan, Europe and her homeland, Australia
- volunteering at Zealandia
- husband Selwyn’s love of cars and car racing

Dianne was a stalwart in assisting with the Youth Leadership courses at Wadestown school for 12 years. There are students who are now in their mid 20s saying how much the Youth Leadership course helped them and remember Dianne vividly.

Dianne we will miss your lively, colourful personality, your enthusiasm and passion for Toastmasters – and your bright blue hair.

Written by Sue Heyward

February 2023



DISTRICT 72



Toastmasters International - New Zealand South Island
and Wellington Region

Local Focus

One-stop shop for growing your
Club's membership

Case Study - Hybrid Club

Is the newsletter giving you what you
want?

Let us know
Email

toastmastersdistrict72@gmail.com

Video
Conference Update
from Pauline
Conference Convenor

Local Focus

A One-Stop Shop for Growing Your Club's Membership

January has breezed by, and it's suddenly February already. Reflecting on the District Leaders' training in Kuala Lumpur that I attended with the other members of the District Leadership Trio, I believe that our most important task is to help clubs grow and develop. I'm passionate about hands-on help for clubs! That's why I've spent a lot of time with the Marketing Team (led by Team Leader Lachlan McNeill) working on ways to support clubs. Here are a few things in the pipeline that will help you.

1. The new Facebook group for VPPRs

The first thing we've come up with is to help VPPRs - especially regarding social media. We want to ensure all clubs know how to use Facebook or Instagram to attract new members and keep present members in the fold. There is now a Facebook group for VPPRs (as well as other club officers) in District 72. Click on the QR code below to be taken straight to it, or go to www.facebook.com/groups/1390192305187732.

Make sure you order the mini-flyers, the QR code and the Visitor Booklet by 20 February.

Use the QR code to order



The purpose of this group is to support VPPRs and other club officers and help them grow their clubs.

Want to grab ready-to-use images for FB? Or want to check out what kind of posts get excellent engagement? What about how-to videos? You can find help and hands-on support in this group. Please join today!

A One-Stop Shop for Growing Your Club's Membership

2. Individual QR codes for clubs

Together with the Marketing Team, I'm happy to create a QR code for your club. This QR code will help direct people to your social media or web page. You will have to apply to get a QR code from us, though (more about this later).

3. Mini-flyers

Handing out mini-flyers to friends, club visitors, and businesses is a great way to attract new members. We have three designs to choose from, and the design of your choice will have your club's QR code inserted. The first 30 clubs who ask for the mini-flyers by February 20th will each get a set of 100 sent out to them at no cost.

If your club isn't in the first 30 emails we receive, you will receive the templates and a QR code to print the mini-flyers at your leisure.



4. The new Visitor Booklets are about to go to print!

If your club would like to receive them, please let me know how many you need and where to send them.

Make sure you order the mini-flyers, the QR code and the Visitor Booklet by 20 February.

Written by Mary Jasksch
Club Growth Director

Local Focus

Hybrid club case study

Liffey Toastmasters Membership before and after COVID

Feb 2020 - 20

Feb 2021 - 20

Feb 2022 - 28

Feb 2023 - 29

Prior to Covid in 2020 our club had little experience with video conferencing or on-line presentation. We'd held one Club Contest which included an on-line contestant (who won), but otherwise nothing.

When the first COVID lockdown came we responded by setting up Zoom meetings and increasing our meeting frequency from fortnightly to weekly. There was some reluctance and lots of discomfort. However, we positioned the experience as an opportunity to learn together, and we got more comfortable and better with our process.

When the lockdown was lifted, we returned to face-to-face meetings, but found that there were some members who couldn't or wouldn't attend. We were also very conscious that there could be more lockdowns, and any Covid outbreak, with the need for self-isolation could be very disruptive for the Club.

The Committee decided that we would actively develop our hybrid capacity and capability for several reasons:

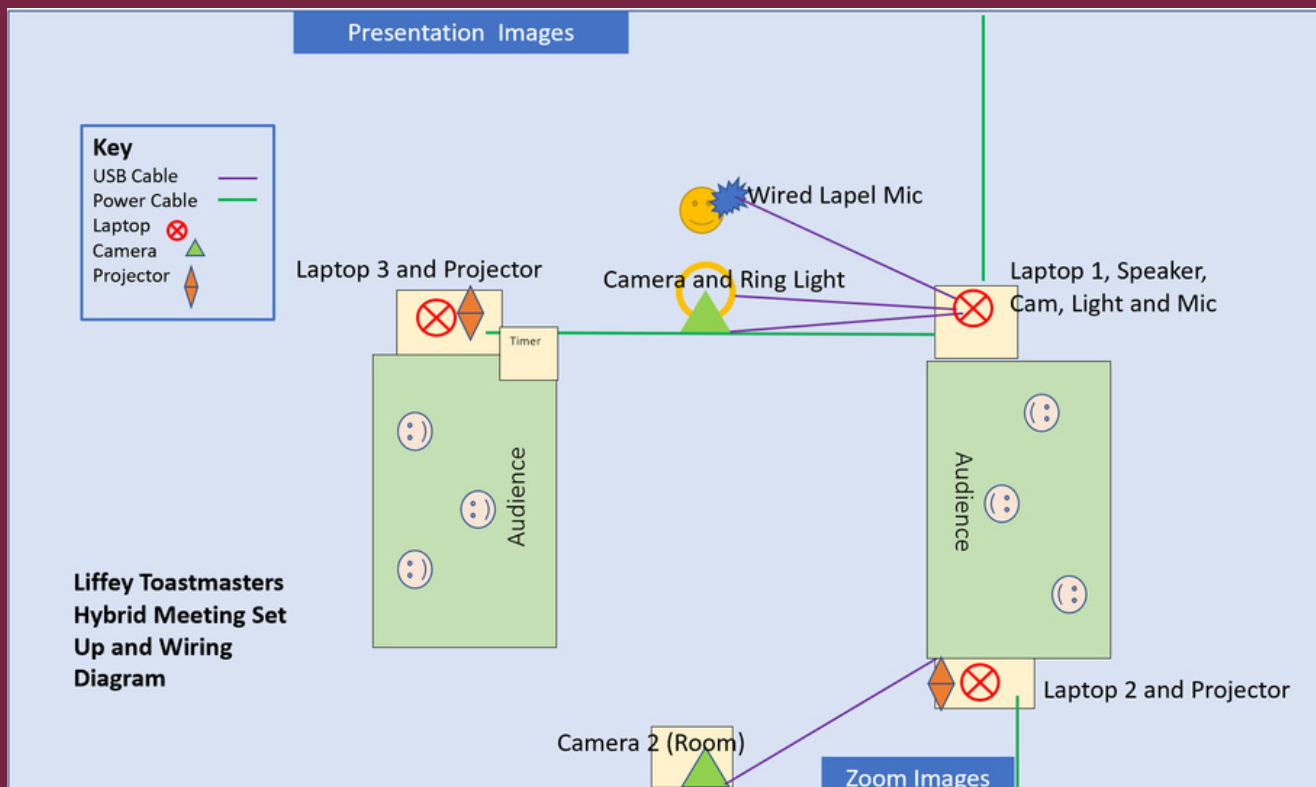
- 1.Retention of members due to COVID (or other reasons for non-attendance such as illness or babysitters not arriving) – to keep members engaged and part of the Club
- 2.To develop virtual/hybrid presentation and management skills – one thing we realised after the initial lockdown was the potential and power of video conferencing tools such as Zoom and Teams. We decided that effective communicators and leaders needed to be competent in the use of this medium as this is a key part of a modern Toastmasters Club
- 3.Retention of members who travel for work, and more recently, who have moved away from our community
- 4.To give our members experience so that they can compete effectively in the Hybrid Contest format for Toastmasters contests

Hybrid club case study

A couple of keen members invested in the equipment and led the hybrid programme. We made lots of mistakes and had lots of learning opportunities but have steadily become more comfortable and more effective with the technology, and the techniques for communicating in this new format.

Over the COVID years our membership numbers have not dropped, and in the past two years have increased significantly. In our current membership, at least four remain because we have the hybrid option, and about a third will have attended virtually at least once in the past six months. We have regular speeches and meeting roles delivered by our “Zoomies”, and we’re developing a culture that includes hybrid technology, along with our capacity and capability as a Club. While hybrid is not the only thing that makes our club successful, it’s an important part of the formula.

Written by Harry Fox
Immediate Past President
Liffey Toastmasters Club



Room set up diagram