



District 72

Newsletter October 2023

What's Happening in the District?

Have you taken part in a club contest yet? Right now, clubs up and down District 72 are running speech contests. Whether you're a newbie or an old hand, taking part in contests is great fun and a way of gaining more experience. But being a contestant isn't the only thing you can do. You can choose to be a Timer or a help out as a Counter. Or, if you have more experience, you can help out as a judge. Remember that if your club can't hold a contest, you can nominate a speaker to take part at the Area Contests which will take place soon. So, take a deep breath and become a contestant in your club contests!

Kura Kōrero Toastmasters: Close to Chartering!

This newly forming online club had its demonstration meeting on 3 August. And potential members have been meeting weekly since then. They only need four more members and are hoping to charter soon—with your help.

What is this club about?

The purpose of the club is to support people wishing to learn more about Te Reo Māori me Ōna tikanga – the Māori language and its customs. The meeting time is Thursdays from 5:25 PM to 6:45 PM.

Here is some great feedback:

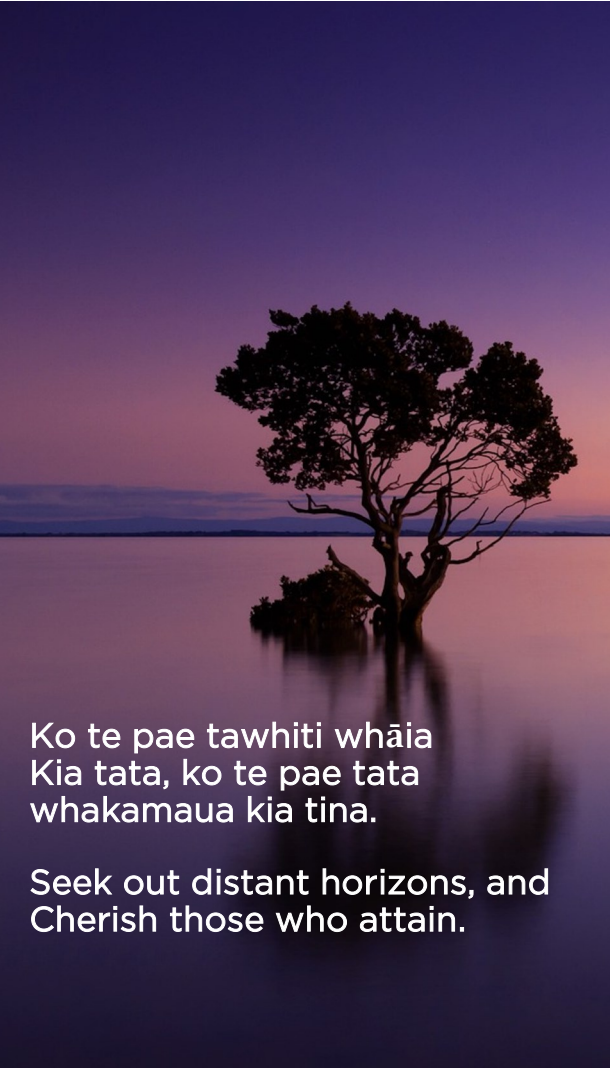
"I joined this Club to widen my horizons. I saw it as an excellent opportunity to learn Te Reo, share life's experiences with fellow members, hone my speaking skills and become more confident with communicating online. I have not been disappointed." Khorshed Irani

"Being interested in learning Te Reo, I joined the Zoom meeting and discovered a fascinating group of people with a passion for both Toastmasters and Te Reo. I decided to join at once and seize the opportunity to gain more speaking confidence and enhance my Te Reo at the same time." Peter Ware

"I joined Kura Kōrero because I am interested in Te Reo Māori... nothing can replace the magic of using words with the circle of friends in daily conversation. – or, if you prefer, with mentors guiding you through a formal speech. I am lucky this club meets on Zoom at 5:25 PM and I can carve 1.5 hours out of my very busy week to have fun and learn by doing and observing with recognised New Zealand Toastmasters, speakers and leaders." Svetlana Sabitova.

Please help charter this fun-filled and informative club. Join one of their meetings and see whether this club is the club for you to learn Te Reo in a safe and fun environment.

Thursdays, 5:25 PM.
Zoom link: tinyurl.com/kurakorero
Passcode: 033345



Ko te pae tawhiti whāia
Kia tata, ko te pae tata
whakamaua kia tina.

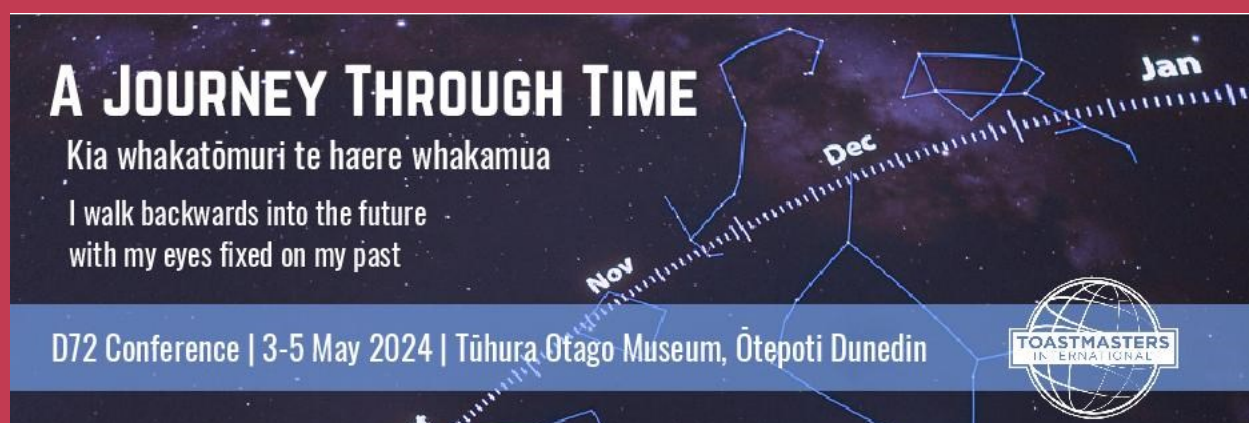
Seek out distant horizons, and
Cherish those who attain.

The 2024 District Conference in Dunedin

The beautiful heritage city of Ōtepoti Dunedin is set on the scenic Otago Harbour surrounded by 25 beaches, cycle trails, and walks that offer a dramatic landscape for discovering the outdoors and local wildlife.

The many well-preserved historic buildings we enjoy in Dunedin today reflect a time past when gold and commerce led to growth and prosperity and the establishment of New Zealand's first university, first medical and dental schools, first daily newspaper, and first public art gallery.

Where better to base our conference then, than at Tūhura Otago Museum which is itself part of Dunedin's history having opened in 1868? The Museum takes us on a journey through time with its eight galleries enticing us to millennia past in its natural history and geology collections, through to cultures of New Zealand and the world, and contemporary science and research.



Your 2024 conference will contain all the usual favourites, with contests, workshops and social events, plus a unique Friday night event which could only take place at Tūhura Otago Museum.

Earlybird 3-day registrations open 1st November 2023 - \$140

Updates on the Conference Facebook page

[Facebook@toastmastersD72conference](https://www.facebook.com/toastmastersD72conference)



What does 'Step up to your goals' mean?

A message from Program Quality Director, Mary Jaksch

In the District Success Plan, we came up with a motto for this year: "Step up to your goals." Let me ask you, when you think about big goals, what happens? Do you step back or do you step forward?

I think we all tend to shy away from big goals because of fear of failure. Maybe you can think of a time when you contemplated a goal but it just seemed too big and too difficult to achieve.

And yet, a goal attracts us. In Toastmasters, we can learn how to deal with goals. Stepping up to a goal means truly making it our own. It's useful to think of the goal as a path with many steps. If a goal freaks you out, break the process into very small steps so that each one seems manageable.

Congratulations to Carol Wald. She correctly answered our question in the last newsletter: "Where is the next International Convention going to be held?" Her answer was: Anaheim, 14-19 August 2024.

TIME IS IMPORTANT

By Rachel Clay, Upper Hutt Toastmasters

A couple of weeks ago I got this text from my sister:

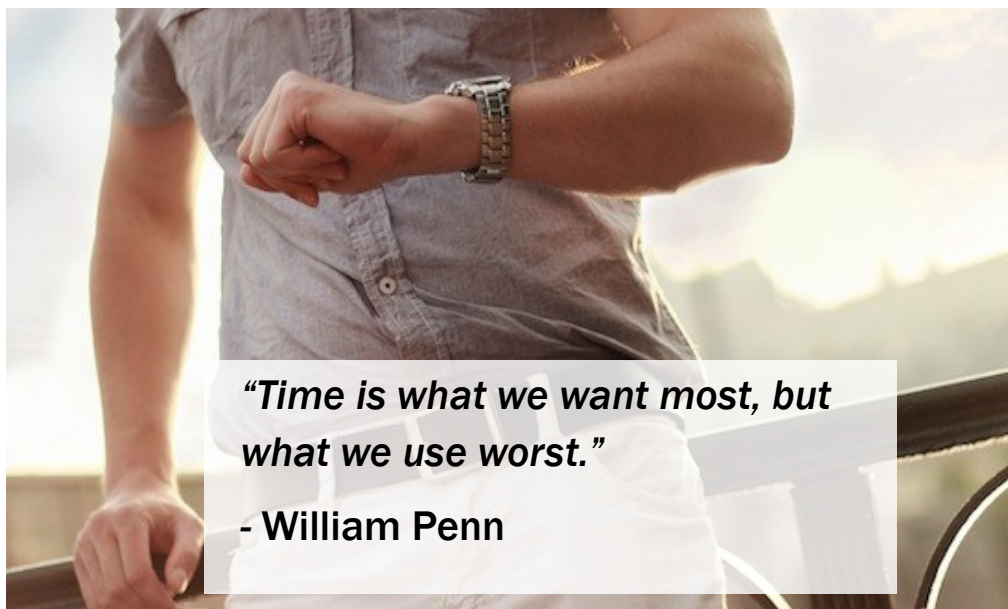
"Can you run me to the airport? I am meant to get a shuttle at 3.40 and I'm still at a presentation - drowning in boredom but I have to be here. Hopefully, I get out of here on time."

I'm an awesome sister - so of course I agreed to run her to the airport.

She had been at a mandatory presentation with another government agency, which had run over time and made everyone late (she wasn't the only one with a flight to catch!).

According to my sister - the person giving the presentation went into so much unnecessary detail that she got bored. Really bored - so bored that she switched off and started thinking about other things - like the fact that they were making her late. By the time they finished, she was in a very agitated state that she was running late.

Nobody wants to be that person when they are presenting, right?



One of the things you learn at Toastmasters is how to deliver an engaging speech, that is succinct and has enough detail to make your point while keeping the unnecessary details and waffle (which in this case ended up boring the audience) to a minimum.

Speeches at Toastmasters are timed, and **you learn to include the relevant and most important details**. After a while, you get quite good at identifying details that are nice to know, but don't need to know, because you have the opportunity to regularly practice your presentation skills and get feedback from others. We also have a nifty set of "traffic lights" to guide how much time each speech takes. You might be quite surprised at what you can learn in a 5-7 minute speech!

Upper Hutt Toastmasters

Kingswood Room,
Cnr King & Cairo Street
Upper Hutt
When: Mondays 7:30-9:30
(Except the first Monday of the month)



Where is this?

Answers to: programquality.d72@Toastmasters.org.nz



Awards Night, 2023

From Kathryn Duncan, Immediate Past District Director and Awards Convenor

District 72 awards evening was a wonderful night of glitter, glamour and glorious company, food and entertainment. The night was so enjoyed that this event will become an annual event. The icing on the cake was the function manager from the restaurant being so delighted by watching us, asking how she could become a Toastmaster!

It was an absolute pleasure and privilege as Immediate Past District Director to be able to present people from our District with such deserved awards. I would like to acknowledge all members of District 72 for the individual achievements & the energy that is given to Toastmasters. Special thanks to Rose Kerin for being the awesome photographer for the night and Graeme Hunt for doing a superb job as MC - both did such an incredible job, Thank you!

Winners 2021/2022

- Area Director of year: Marie Fox
- Division Director of year: Pauline Cook DTM
- Award for Professionalism: Brad Grootelaar
- District Toastmaster of the year: Moumita Jamindar
- Distinguished or above Areas: Reuben Painter, Lovey Ratima-Rapson & Moumita Jamindar.

Winners 2022/2023

- Area Director of the year: Lisa Coppins
- Division Director of the year: Moumita Jamindar
- District Toastmaster of the year: Philip Smith DTM
- Award for Professionalism: Sheryl Ryan
- Spirit of Toastmasters: Bailey Woods

The following District Citations were awarded in recognition of outstanding services to District 72: Norbert Lee DTM, Lindsay Wright DTM, and Helen Cartmell DTM.



Jacqui's "Agony Aunt"

How to grow club members

Ah, this old chestnut! A great question on the tip of every club member's tongue.

There are three ways of growing club numbers. The first is to draw in new members, the second is to keep the current members interested, and then the best, third way is to have all of them, new and old, harmoniously working towards their goals.

I was really impressed with the recent first round of Club Officer training that focussed on encouraging your current members to stay.

The crux of the matter is that your club should be focussed on knowing every single member's personal goals for attending the meetings. The same applies for your guests as potential new club members.

Find out what their personal goals are and show them how the Pathways Programme can help them meet these goals. If you are achieving your goals in a club, you will not only stay, but also encourage others to do the same.

Why is public speaking important?

Have you ever had to endure a poor speaker and wished that they had not wasted your time or made you suffer with them?

In every aspect of our life we will have times when we have to communicate to others. It may be simply to tell others of our feelings or our knowledge or experience gained.

It could be a one-to-one session or to a small group or to a congregation or a symposium. At every event, the skills you learn at Toastmasters will enable you to communicate effectively and completely, taking into account your audience and the time allotted. This skill is not only important for you but also your listeners. They will be grateful that you spent time gaining these skills!

What happens if two people have the same score in the contest?

At every contest there is a secret tiebreaker judge who has a special task. They not only judge first, second and third but also rank ALL the contestants in order. Their ranking is only consulted when there is a tie in any ranking. Whichever contestant is ranked higher by the tie breaker judge receives the higher place.



What does 'Step up to your goals' mean?

A message from Club Growth Director, Kayleen Gilder

'Step up to your goals' is about unlocking your dreams, and building strength and courage to improve your communication and leadership skills. Stepping up to your goals means stepping into the unknown and trusting in the fellowship of your members in D72.

Step up to your goals is about moving forward in your growth as an individual member and as a Club, Area, Division and District. When one person moves forward, we all can't help but move forward with inspiration. Let's make it in the right direction - to become a Distinguished District.